

# VILLAGE QUARTERLY

# The Lunch Dish

### By Amy Paulson

The Village School Lunch Program is coming back!

In December, Yay! Lunch officially and suddenly closed its doors in Virginia, and stopped providing lunch for Village School. This created a lot of stress for families who depended on this school lunch service. Luckily for them, we'll be reintroducing the official lunch program for the first time since before the COVID lockdown.

Village School's commercial kitchen has been out of use since the lunch program shut down in March 2020 due to the coronavirus pandemic. Prior to this, students could purchase hot lunch daily which was cooked and served out of the Village School kitchen.

It will now be occupied by Village School mom, Jeanette Peabody. Ms. Peabody has run the kitchens of many restaurants in Charlottesville, including Hamiltons and the Oakhurst Inn Cafe. We're thrilled to have her in our kitchen next!



Issue 2

Ms. Peabody has provided a sample menu including six different days. Each day will provide a different option, but the day will not be specified beforehand. The lunch program will include Ms. Peabody's menu on Monday-Wednesday, which will be served as an indoor lunch. Thursday will be Bodo's at the park for 5th-7th grade and Mall Lunch for 8th grade. Friday will be pizza lunch as usual.

Once the lunch program begins, Ms. Peabody will be able to get feedback from students and adjust the menu accordingly.

# Why Groundhog Day is Unappreciated

### By Elea Kate Southerland

Groundhog Day, one of the best yet most underrated holidays. No, you don't get school off and you don't get presents, but you get to do something better: to celebrate Punxsutawney Phil. Some smaller minded people may think that waiting around for a groundhog to see his shadow is dumb, and not at all scientifically correct. But, in my opinion, I think there is no better way to spend your February season. Plus, February is one of the dreadful months where nothing really happens, so we need to celebrate Groundhog Day to make February exciting. Groundhog Day is a really very fun tradition and even if you don't believe in it, I would still suggest giving into the wonder of whether winter will be six weeks longer.



Since 1877, Punxsutawney has popped out of his hole and told us whether winter will last another six weeks or not by just seeing his shadow. Even though the date of Groundhog Day strategically falls on the about six of winter left mark, it's way more fun to believe that a groundhog can predict the length of winter! The anticipation of driving to school listening to the radio waiting for Phil's appearance is really fun. And, not to mention that there are a lot of fun activities that you can do for Groundhog Day! I would suggest making a dirt cake. Dirt cake is not only delicious, but fun to make as well! You can make bets on what you and your family thinks Phil's reaction will, and have prizes for the winners! There are a lot of fun and exciting ways to celebrate Groundhog Day, which is just adding to the many reasons why Groundhog Day is an underrated holiday! Another great thing is that this holiday gives you an excuse to watch an awesome movie! The movie Groundhog Day with Bill Murray is one the funniest movies you will ever see. The movie is set around a dopey weatherman who is so over groundhog day, yet gets stuck in a loop doing virtually whatever he wants. Personally, my favorite scene in the movie is once Bill Murray realizes that he can do whatever he wants and not suffer the consequences. He drives around crazily, and when he eventually gets pulled over he tells the police officer that he would like a large fry, a cheeseburger, and a milkshake! If you have time this groundhog day I would definitely recommend watching Groundhog Day!

Then, the best part of groundhog day is the groundhog himself, Punxsutawney Phil. Again some haters may say that Punxsutawney Phil isn't even the original groundhog and that they just replace him every year. But real woodchuck chuckers know that even if Phil isn't the original, his spirit still lives on. Also, who doesn't like to see a cute little groundhog? If you want to learn more about Punxsutawney Phil then you can go to his fan page, The Punxsutawney Groundhog Club, to learn everything you want to know about Phil. I hope you've enjoyed reading this article, and now I hope you know a little bit more about groundhog day and choose to celebrate it this year!

**February Field Trips** *February 22* **5th & 6th Grade:** Richmond Science Museum **7th Grade:** James Monroe's Highland & Jump! **8th Grade:** Overnight to Richmond

## Village Quarterly

### Winter 2023/2024

# How to Snow Dance

By Polly Keevil

Hoping for snow this winter? Try some of these to help spur on the wintry weather, and cross your fingers for a snow day!

STEP ONE: Flush 5 ice cubes down the toilet

- **STEP TWO**:Wear your favorite winter pjs inside out and backwards
- **STEP THREE**: Sleep with silverware under your pillow.

**STEP FOUR:** Wake up to a beautiful winter wonderland!

### **RECIPE** Homemade Hot Chocolate

### WHAT YOU NEED:

- 4 cups milk of your choice
- ¼ cup cocoa powder
- <sup>1</sup>/<sub>4</sub> cup of sugar
- <sup>1</sup>/<sub>2</sub> cup of chocolate chips
- <sup>1</sup>/<sub>4</sub> teaspoon of vanilla extract
- Desired toppings
- (marshmallows, whipped cream, candy canes)

### INSTRUCTIONS:

Put milk of your choice in a saucepan over medium heat

Whisk in cocoa powder and sugar

Once the milk is warm and the cocoa powder and sugar is mixed in evenly, add chocolate chips

Add a ¼ teaspoon of vanilla extract

Serve immediately and add any desired toppings



## Village Spotligh<u>ts</u>

### Ms. Jane



### **My Faves**

Ice Cream: Coffee Chocolate Chip

Food: Thai Food

Ms. Jane started working at Village school in November, 2019. Ms. Jane has three daughters, Anne, Marine, and Mamie. She has three grandchildren too, they are named Charlie (who is 21), Mara (who is 18), and Maggie (who is 10). Ms. Jane does not really know what her favorite color is but when she is painting she always seems to run out of green and gold first so she thinks that those colors are her favorites. Ms. Jane went to college in Chicago at the Art Institute, where she majored in textile design. She also went to Saracuse university and majored in studio art.

### By Frannie Heins & Zoe Kavanaugh Mr. Wells



### **My Faves**

**Ice Cream:** Butterfingers

**Food:** Tacos (beans & cheese in a soft tortilla)

Mr. Wells started working at Village in 2017. He previously worked at Lakeside Middle School, and before he started working there, he worked at Stony Point School. He has two kids named Catherine and Connor. Connor is 21 and Catherine is 25 years old. She worked at Village School during covid! The eighth graders might know her as Ms. Cate. Mr. Wells' favorite color is Purple because he likes it and felt bad for it as a kid because no one liked it. He went to Austin college and majored in Math and Education. His dream job as a kid was to be a videogame tester.

**Fun Fact:** Mr.Wells real name is Ned but he's called "Tres" because he is the third child

# Make Way for Saturday: 4 Hours at Charlottesville's Barrack's Road

By Winter Chapman

# 9:00 - Breakfast

### **First Watch**

Make your way to **First Watch** where you will have a spectacular brunch experience.

First Watch specializes in delicious creations freshly prepared to order. They begin each morning at the crack of dawn, slicing and juicing fresh fruits and vegetables, baking muffins and making french toast and pancake batter from scratch. Personally I give 10/10

If you need a coffee and/or pastry break, walk on over the **Greenberry's Coffee Co.** where you can find specialty coffees, teas and fresh-baked pastries in a warm and cozy shop. It is a great place to catch up with old friends, find a small nook to study in or just enjoy a piping hot cup of coffee! I recommend the hot chocolate.

## 10:00 - Time to Shop

### Michaels

Looking for a fun hobby? Try arts and crafts. **Michaels** is a great place to start, they have beads, paints, ribbon and any other art item you could think of! Stock up on your newest hobby to bring home for later that day. They have two floors of supplies with helpful staff and decor.

### **Barnes & Noble**

Want to just curl up with a nice long book and a cup of coffee? Head on over to **Barnes & Noble**! Here you can find almost every single book you can think of! From baby books, novels, cookbooks, magazines and even some other things that aren't even books! You can make your way over to the Harry Potter or pusheen sections to shop for stuffed animals and collectibles. There's also fun toys and games. No matter your reading level or interests, Barnes & Noble has something for you!

# 12:00 – Lunch

### **Brazos Tacos**

This is a VERY popular place to eat in Cville. They have indoor or outdoor seating and have many amazing taco options. You can order breakfast tacos all day, or one of their many lunch taco combinations. You can also build your own. They also offer chips, queso, and salsa. Yum! If you are a taco lover, make your way to Brazos!

### **Make At Home**

### LOVE BUGS

### MATERIALS:

- Toilet paper roll
- Construction paper
- Pipe cleaners
- Markers
- Paint (color of your choice)
- Pom pom
- Glue
- Googly eyes (optional)

### **INSTRUCTIONS:**

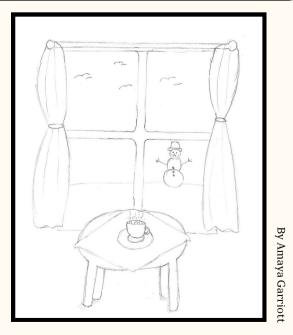
Paint your toilet paper roll using your chosen color While you're waiting for the paint to dry, take your construction paper and cut it into two equal sized hearts, then cut out two hearts that are slightly smaller than the previous, and finally cut out two small strips of paper.

Now that your toilet paper roll is dry, you can decorate it! Either use googly eyes or make your own eyes and glue them on to the roll. Glue the pom pom to the roll, below your eyes (it's going to be a nose) and draw a mouth on your bug!

Cut your pipe cleaner into sixths and glue them on the side of your roll, three on each side, to look like legs! Take those two strips of paper that you cut out at the

beginning and your smaller hearts glue the heart to the end of one strip and do the same with the other, then, glue those to your roll to your roll.

Get the bigger hearts that you cut out at the beginning and glue them to the side of the roll to look like wings! Finally use different color markers and draw small little hearts and decorations on your bug just to make it pop!





## Village Quarterly

## Astrology Let's ask the stars....

Your zodiac sign depends on the day you were born, and each has different traits. This quarter, come discover which Taylor Swift Album best describes you and your personality.

#### Aries (March 21-April 19): Speak Now

Just like Taylor's Speak Now album you are very independent and passionate. You can also be patient, but you are very efficient and don't like to waste time, which is why Speak Now matches your personality.

#### Taurus (April 20-May 21): 1989

Just like Taylor's 1989 album you are intelligent and hardworking. Stubbornness is also another one of your traits but you are also very generous, which is why 1989 matches your personality.

#### Gemini (May 22-June 21): Midnights

Just like Taylor's Midnights album you are very easy-going and intelligent. You are also anxious and curious. These traits almost perfectly describe the Midnights album because it is said that Geminis really need more sleep.

### Cancer (June 21-July 22): Lover

Just like Taylor's Lover album you are self-protective and nurturing. You care about the people around you. You are known to always "be in love" so that's why Lover matches your personality.

#### Leo (July 23- August 22): Fearless

Just like Taylor's Fearless album you are honest about what you say and do. You are also arrogant and like to exaggerate things, most of the time you are very exuberant, perfect for Fearless. Taylor Swift was fearless writing this album.

#### Virgo (August 23- September 22): Red

You are ambitious just like Taylor's Red album. You are also practical and don't like to waste time. You can also be an overthinker, and tend to want to get things right. This is why Red is for you.

#### Libra (September 23-October 22): Evermore

You are empathetic like Taylor's Evermore album. You are easy-going and fun to be around. You are also very indecisive about various things. Evermore is basically the definition of your sign.

#### Scorpio (October 23-November 21): Reputation

You are ambitious and determined like Taylor was when she was writing her Reputation album. You are also passionate and like to keep secrets. This is why Reputation is for you.

#### Sagittarius (November 22-December 21): Eras Tour Setlist

If you are a Sagittarius you share the same sign with Taylor herself! You are compassionate and energetic, you like to share your excitement with others. Almost perfect for the Era's Tour Setlist which are all the Era's and songs and emotions that Taylor shares on her tour.

#### Capricorn (December 22-January 19): Folklore

If you are a Capricorn, Taylor's Folklore album is for you. You are critical, people can sometimes be annoying. You are also ambitious and like to take the extra step, which is why this album suits you.

#### Aquarius (January 19-February 18): Taylor Swift

Just like Taylor's Debut album you are optimistic, everything matters to you. You can also be unpredictable, you tend to do random things at very awkward and random times. These traits are why the Taylor Swift album suits you.

### Pisces (February 19-March 20): Holiday Collection

You are highly creative just like Taylor's Holiday Collection. You can also be compassionate and loving for your family and friends. Generosity and love are two key things to be aware of around the holidays, so the Holiday Collection is just right for you.

### Why School Should be Let Out Earlier on Fridays

#### By Ashby White & Polly Keevil

**Picture this**, **students**: You have been working hard in your classes all week. You had two tests, three quizzes, and one very important project due. You are exhausted and cannot wait for the weekend. And instead of having an extra class, you can go home and relax! Or you could stay in after school and actually finish a movie!

Now, **picture this, teachers**: You have been teaching all week and putting up with hundreds of irrelevant questions, grading papers, and making assignments. You are tired and cannot wait to get home for the weekend. And luckily you don't have to teach an extra class!

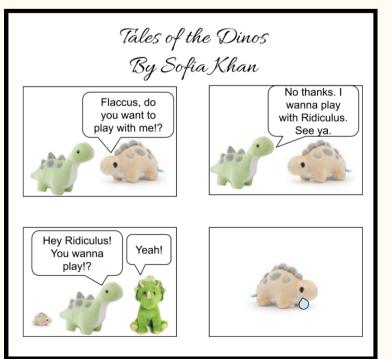
But sadly, that is not the reality. Instead, the students and teachers have to listen/teach for an extra hour. During covid, Village School had early Friday dismissals. While we are all grateful to be back to most normal things, this was one change we wish we could have kept. The last hour of the day on Friday is not very productive. Plus, with after school starting early, the after school movie can actually be finished.

In one article by Walden University, it explains how longer school days limit time for other activities. Though school is very important, so are things outside of it, like social and sport events. These types of things will develop our personalities to become a well rounded person. Plus, getting out earlier will give you more time to catch up on any missed sleep. Sleep is very important for our mental and physical health and will help us succeed in school.

Have you ever gotten home on a Friday night and wanted some rest time because you have to get up early the next day for something? Well if you get home late on Friday then you won't have time to decompress because you have to go to bed early for the next day. However, if you get home earlier then you have way more time to relax before going to bed. Studies show that when people relax more often, their stress levels tend to decrease. No one likes the feeling of having extra work and barely any time to do it.

Though many aspects of school are very important, it is just as important to have a rest and take a break from the stressful school week. Being let out earlier on Fridays can help with that, and actually benefit us in many ways.





# **Village School Sports**

By Frannie Heins

Winter sports are up and going now! Swim team is going to have a fantastic season consisting of 5th graders Mallory Moore, Winter Chapman, Aurelia Jesus, Zoe Kavanaugh and Nola Zorc, 6th graders Lucy Wispeley, Tenzin Lhackey, Violet Racine, Sofia Khan, and Keira Wolfman, 7th graders Lily Sturk, Caroline Barcia, and Ella Smith, lastly 8th graders Phoebe Fishchman, Ellie Davis, Amy Paulson, Aislin Wolfman, and Eloise Lorish. The first swim meet was a success, coming in second place at St. Catherine's! Hopefully we can keep this momentum going in the next two meets, one at Smith Aquatics against three other schools and to finish off the season we will be up against The Field School!

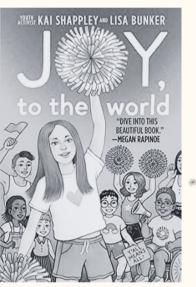
Our Basketball teams are also playing right now! On the

5th grade team we have, Vivian Amberly, Ella Faulconer, Alice Fordhann, Frannie Heins, Bela Henderson, Zozie Ledford, Ellie McWhorter, Charley Merrill, Mallory Moore, Bela Shah and Zilfa Spilich. Our season kicked off on December 2nd and let's just say that it wasn't our best game, but after that we had, sadly, another loss (but a much closer game). Playing on the 8th grade team is Amari Shah, Vivi Koeing, Sawyer Tassone, Zadie Tassone, Noura McEliwain, Ruby Fordhann, Margaret Kimbrough, Wallis Hrabe, Hannah Seideman and Eloise Lorish! They have, so far, had three games and one win! Overall we have had an awesome basketball and swimming season so far!

# **Book Review**

By Zoe Kavanaugh

The summer before 7th grade, Joy Simmons finds her true passion: cheerleading! After moving to Appleton, Texas, being the new kid is hard enough, but being a transgender girl in Texas (in a town where they are not very supportive of people) LGBTQ+ is even harder. Joy falls in love with cheer like you will fall in love with this book.



Joy is crushed when she is kicked off of the cheer team for being an transgender girl. What Joy does not understand is, WHY did they kick her off? Joy's family is determined to figure out the answer and to get Joy back on the team. They start making videos to post on the web to show how sad and disappointed Joy is. They go to a board meeting for the school and the superintendent calls Joy a boy! Joy gets more and more urge to fight back.

While going through this Joy has her friends on the sparkle squad: a group of girls who are supportive of Joy whom she practices cheer moves with. Check out this book to see if Joy can persuade the school board to let her back on the team!

# Winter Playlists

By Avni Madaan & Sofia Kahan

Here are three different playlists to fit your different winter moods

### Playlist One: Early Winter (Holiday Time)

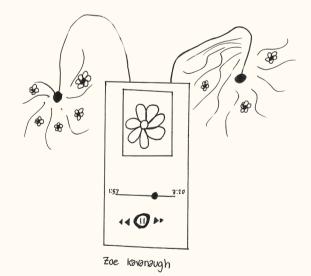
- 1. All I Want For Christmas Is You
- 2. Back to December
- 3. Forever & Always
- 4. Forever Winter
- 5. Jingle Bell Rock

### playlist one continued....

- 7. Mastermind
- 8. New Years Day
- 9. Stay
- 10. Winter Wonderland

### Playlist Two: Mid-Winter (Valentines Day)

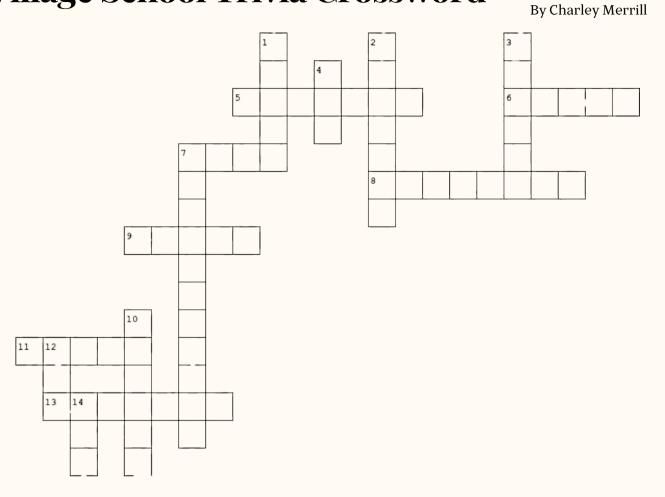
- 1. Adore You
- 2. A Thousand Years
- 3.Golden4.Invisible string
- 5. London boy
- 6. Lover
- 7. Love story
- 8.Perfect
- 9. Teenage Dream
- 10. Thinking Out Loud



### Playlist Three: Late Winter (Feel-Good Music)

- 1. Better Than Revenge
- 2. Chandelier
- 3. Dancing Queen
- 4.I Did Something Bad
- 5. Put Your Records On
- 6. Take On Me
- 7. Shake it Off
- 8. Titanium
- 9. Walking on Sunshine
- 10.22

# Village School Trivia Crossword



### ACROSS

- 5. What did Ms. Taylor want to be when she grew up?
- 6. How many different foods is Ms. Western Allergic to?
- 7. How many sports does Ms. Taylor know how to play?

8. What is the name of Ms. Spaar's daughter who helps with dismissal?

- 9. Who was the old mascot of Village School?
- 11. What happens in Afterschool on Fridays?
- 13. What subject did Ms. Tassell teach before Math?

### DOWN

1. How many 8th graders are in the Games explorations this quarter?

2. What is a strange ice cream flavor Ms. Van Vranken tried over the summer?

3. What is the name of the bear by the front office?

- 4. How many children does Ms. Spaar have?
- 7. What is one of Ms. Tassell's favorite foods?
- 10. What is Ms. Mariah's favorite color?
- 12. How many dogs does Mr. Heartwell have?
- 14. What is Mr. Wells's real first name?



Y	R	С	R	Α	F	Т	F	Α	Ι	R	Κ	Н	Ε	GREEN
S	U	N	F	L	0	W	Е	R	Ν	0	L	С	W	MIDDLE SCHOOL SMART
R	L	Ι	S	С	Ι	S	U	Μ	Е	Μ	W	Ν	W	YELLOW MUSIC
Α	Μ	Α	R	D	Υ	R	R	Μ	0	Α	Е	U	0	HOMEWORK URSULA SUNFLOWER DRAMA CRAFT FAIR DANCE MCGUFFEY LUNCH MAD MINUTE GIRLS LOCKERS
Ι	Μ	I	D	D	L	Ε	S	С	Н	0	0	L	L	
U	S	Α	N	Α	R	Κ	С	G	С	Μ	Α	G	L	
Ι	Н	G	D	Μ	Т	С	Α	U	U	Ι	м	L	Ε	
D	Μ	0	Α	М	F	0	D	F	R	S	R	U	Υ	
С	Е	Y	Μ	Ι	Ι	L	R	F	S	F	Е	R	Ν	
D	Α	Ν	С	Ε	L	Ν	Α	Ε	U	D	F	0	U	
G	Ι	R	L	S	W	F	U	Υ	L	Μ	F	0	R	
L	D	Т	D	Ν	W	0	R	Т	Α	L	S	D	м	
Α	Μ	Т	0	R	S	R	R	Ν	Ε	Ε	R	G	W	
Т	G	Т	R	Α	Μ	S	Ι	Κ	G	D	L	Ν	К	

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